## Claims

[c1] 1. An improved ammunition magazine comprising: a magazine body with sidewalls, a feed end for interfacing with a given weapon, a floor end opposite the feed end and a removable floor plate covering said floor end, the part of the magazine between the floor plate and the feed end being defined as below the level of the floor plate; and,

a handle, being one tab protruding from a corresponding at least one sidewall of said magazine, the handle extending from at least one sidewall above the level of the floor plate, thereby providing an integral extraction handle;

wherein the presence of the handle does not interfere with the removal of the floor plate.

- [c2] 2. The improved magazine of claim 1, wherein the shape of the handle is selected from the set of shapes consisting of: a flat polygonal tab, an ellipsoidal tab, a wedge, a shape having any combination of rounded and straight edges, a cylinder, and a rectangular solid.
- of hollows are fashioned in the handle, any said hollows

each defining an interior region.

- [c4] 4. The improved magazine of claim 3, wherein the shape of the handle is selected from the set of shapes consisting of: a flat polygonal tab, an ellipsoidal tab, a wedge, a shape having any combination of rounded and straight edges, a cylinder, and a rectangular solid.
- [c5] 5. The improved magazine of claim 3, wherein the interior regions of the hollows are roughened to increase friction.
- of the handle is selected from the set of shapes consisting of: a flat polygonal tab, an ellipsoidal tab, a wedge, a shape having any combination of rounded and straight edges, a cylinder, and a rectangular solid.
- [c7] 7. The improved magazine of claim 5, wherein the handle height measures 1.0 to 1.5 inches.
- [08] 8. The improved magazine of claim 7, wherein the shape of the handle is selected from the set of shapes consisting of: a flat polygonal tab, an ellipsoidal tab, a wedge, a shape having any combination of rounded and straight edges, a cylinder, and a rectangular solid.
- [09] 9. The improved magazine of claim 7, wherein a hole,

suitable for attachment purposes, is fashioned in the handle.

[c10] 10. The improved magazine of claim 9, wherein the shape of the handle is selected from the set of shapes consisting of: a flat polygonal tab, an ellipsoidal tab, a wedge, a shape having any combination of rounded and straight edges, a cylinder, and a rectangular solid.